

SUNSHINE COAST FOOTBALL COMPETITION RULES

APPENDIX C

RETURN SUBSTITUTIONS

1.0 APPLICABILITY

Return substitutions will apply for all competitive matches **excluding** Premier Men and Premier Reserve Men.

2.0 PLAYERS

A maximum of **fourteen (14) players** may be listed on the team sheet and used in the **Juniors Under 12 divisions**.

A maximum of **sixteen (16) players** may be listed on the team sheet and used in the game in **Juniors Under 13 - Under 18, Under 20, 3rd Division, 4th Division, 5th Division, Over 35's, Over 42's, all Senior Women's** competitions.

3.0 PROCEDURE

3.1 The number of return substitutions that may be made is **unlimited**.

3.2 A player who has been replaced may return to the field for another player.

3.3 Substitution is only permitted when the ball is out of play and the referee signals the exchange.

3.4 A coach or manager requesting substitution shall notify the assistant referee or referee at an appropriate time (e.g. when the ball is out of play).

3.5 Substituted players must leave the field at the nearest point on the boundary line and must go immediately to the technical area or the dressing room.

3.6 The player entering the field shall do so from the halfway between the benches, but only after the player leaving the field has completely left the field of play.

3.7 The substitution is complete when the player who was off the field enters the field of play.

4.0 ADDITIONAL INFORMATION

4.1 A player nominated as a substitute shall be subject to the authority and jurisdiction of the referee whether called up to play or not. (i.e. players on the bench are under the same control as players on the field).

4.2 If, during the substitution, a substitution player enters the field before the substituted player has completely left the field, the referee shall ensure the substituted player leaves the field, caution the entering player and then re-start the game.

4.3 If, during a substitution, the substitute enters the field from a place other than the halfway, between the benches; or the substituted player does not leave the field of play from the nearest boundary line, the referee shall caution the offending player.

4.4 Once a player signs the team sheet it will be taken that the player has participated in the match unless otherwise noted by the Referee.

4.5 Players exchanging with the goal-keeper, either from the bench or from the field shall be recorded by the referee.